

DOG Night Time

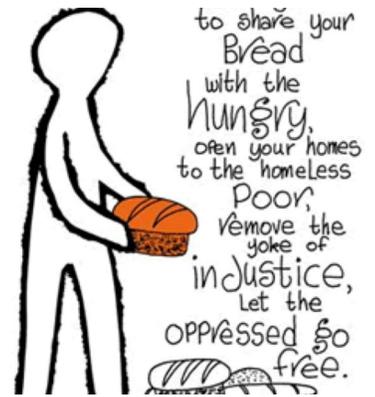


Week of October 21, 2020

False and True Fasts

Isaiah 58:1-12

Theme: Help



☞ Devotions

- *Watch the DOG Night Time lesson online
- *Read Isaiah 58:1-12
- *Check out the new songs on the OSL YouTube Channel—DOG Night Playlist Singing with your whole body is one way to worship
 - *Lord, Be Glorified
 - *One video teaches ASL for this Lord, Be...
- *Search for “Every Move” by CJ and Friends in YouTube - Sing and dance along with this song
- *Pray
This week we pray for...

☞ Caring Conversations

- *Discuss the Bible story
 - +What did the people think was the right way to worship God?
 - +How were the people treating each other?
 - +What are some ways Isaiah suggests the people help each other?
 - +Who are some people who might need your help?
 - +How can you worship God by helping others?
- *Fasting means to go without food for a period of time. This allowed people to spend more time with God. How/why did this allow people to spend more time with God?
- *What are the different ways your family worships God?

☞ Ritual & Tradition

(& Family Fun)

- *Establish a new ritual & tradition of fasting in your family.
- *What are some things you could go without for a period of time? Hint: They don't need to be all food related.
- *Choose one thing to go without for a period of time. Talk about how this allowed you to worship God maybe in a new way.
 - *Did going without this thing give you more time? How did you spend that time?
 - *Did giving up this thing save you money? Put the money you would have spent on that item in an envelope or jar or cup? Pick a way to use that money to help someone(s) instead. If you need ideas, contact Pastor Deb or Josie.

☞ Service

- *What are some ways you help at home? At school? At work? In the community?
- *What are some of the ways others have helped you?
- *Many people help before, during and after worship services. In what ways do people help?
- *List the helpers you can think of that live and/or work in your community? (ex. Firefighters, teachers, vets, EMT's, CAN's, nurses)
- *Name ways you can thank them for helping. Put one of those ways into action this week.