

2020



OSL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Pastor Deb on Vacation
2 9:30am Worship-online only - Facebook Live *There will not be Zoom fellowship this day	3	4	5	6 7:00pm Bible Study with Chelle on Zoom	7	8
Pastor Deb on Vacation				Custer County Fair		
9 9:30am Worship at the Custer County Fairgrounds 11:00am Parade @ CCF Custer County Fair	10 	11	12	13 7:00pm Bible Study with Chelle on Zoom	14	15
16 9:30am Parking Lot Worship- also streamed on FB Live - Special congregational meeting will follow Worship *Council Meeting follows 7-8:30pm High School Youth Group Meets	17	18	19 <i>Hill City Schools Start</i>	20 7:00pm Bible Study with Chelle on Zoom 3-5pm Hermosa/ Fairburn Community Food Bank Open	21 	22
23 9:30am Parking Lot Worship- also streamed on FB Live - <i>Blessing of the Bags</i> 10:30am Outreach Committee Meeting 7-8:30pm High School Youth Group Meets	24 <i>Custer School District Starts</i>	25 	26	27	28	29
30 9:30am Parking Lot Worship & FB Live 7-8:30pm High School Youth Group Meets	31 <i>Douglas School District Starts</i>					



Thriving in the Middle of a Modern Day Pandemic:
My Journey Through Reading the Book
Seven Spiritual Gifts of Waiting

by Holly W. Whitcomb

Over the past several weeks each Sunday during Pastor Debs sermon(s) we have been exploring seven spiritual gifts of waiting. When the word waiting enters into our thoughts it generally brings with it feelings of frustration, anxiety, worry, and sometimes even anger. Who wants to wait?!?! Nothing about the idea of waiting sounds appealing and it has never been something that I'd consider a spiritual practice let alone a GIFT....until now.

I had been attending this series about waiting each Sunday online and had even made it to all but one of the, "Digging Deeper", Zoom discussion meetings on each of the seven gifts. There was patience, then loss of control, followed by compassion and then we were onto gratitude and humility as we rounded the corner and completed our study with trust in God. I was attending, listening, discussing and praying my way towards a path in which I could become more comfortable with all of this waiting but honestly things weren't getting any less messy in my heart, head or my spirit for that matter. Why was I spinning my spiritual wheels?? In my frustration I found myself mentally stomping my feet and then within my soul I cried out unexpectedly, "GOD I don't WANT to be in WAITING...I WANT my LIFE BACK...PLEASE." Wow. I didn't feel or see that coming but when it finally made it's way to the surface I had decided, for me, that I had found my stumbling block. I was being invited into each gift of waiting week after week but within myself I was declining the invitation before I truly had even opened each invite.

I decided to begin again. I asked Pastor Deb if she could get me copy of the book and when I got it and began to read that first chapter I started to pray for a heart, mind and spirit open to intentionally welcoming each gift into my daily choices, practices and actions. Chapter after chapter was washing over my spirit presenting me with options where I had previously convinced myself I had few. Seeing obstacles as opportunities, blessings sewn in amongst the bleak, creative paths before me that I get to CHOOSE to take that I may have never ventured down without a nudge. Oh who are we kidding, hahaha, it was more of a shove I needed!

Although God didn't create this pandemic He IS working among and within it, through our hearts, minds, spirits, and hands, to create beauty, opportunity and growth in ways that we can't even imagine. This takes us into the most incredible part of this journey...the opportunity TO IMAGINE and then CREATE within the peace, prayer and meditation that can be found within the waiting. We have traveled along side so many believers, in the bible, that came before us as they navigated times of waiting. The knowledge we glean from their experience(s) is that although it was never easy the blessings within embracing the waiting to develop a deeper and more meaningful spiritual life and existence was always beyond worth it. One of the most beautiful things I can think of as I close is that we GET to take this journey into waiting, and those 7 spiritual gifts, TOGETHER. In Christ, Chelle

**thank you
for giving**

Financial Update

The building might be closed but the ministry and mission of this congregation has continued to blossom, in part, because of your continued financial support. This past week ministry of this congregation included online noon prayers, receiving and giving fresh garden produce, another week of VBS for the Backyard, walking with a grieving family as Pastor Deb officiate their father's funeral, donating food from the OSL pantry to the Sr Meals program as we won't be having meals at OSL for several months, gathering with high school youth to plan the launching of the OSL Community High School Youth Group in a few weeks, pastoral care home visits, phone calls and emails and preparing of the monthly newsletter as well as everyday ongoing work of the church.



**OPEN Thursday
August 20th
3:00-5:00pm**

**Located at Heartland Hair
300 E Main St. Hermosa**

For information please contact Lois at
255-5299.

PLEASE PRAY...

We lift in prayer

- *Those who are grieving losses of any sort, including the family and friends of Kim, Donald, Wayne, Pastor Greiner
- *Those who are working on the front lines during this pandemic.
- *Those recovering from surgeries, those who are ill or hospitalized, including Linda, Cleon, Pat, Tom and Gary.
- *Those with ongoing health concerns, including Terri, Suzan, Chelle, Patricia, Felix, Taylor, Beverly, Pepper and Kelly.
- *For our firefighters and our first responders.
- *For our leaders at every level, including President Trump, Governor Noem, Presiding Bishop Eaton and Bishop Hagmaier.
- *For all teachers and students, starting back to school during this pandemic.



Looking for a weekly devotional to follow? You can find a great one right on our Synod's website. Be sure to check it out!
<https://sdsynod.org/>

Loving God, **HELP US** to focus on what we have, not on what is removed or changed.

STRENGTHEN US when we feel discouraged or overwhelmed.

EMBRASE US so that we know your loving presence within us and among us. .

WALK WITH US as we bring your love, and carry your light, into our world. Amen.



OSL Scholarships in the amount of \$500 each were awarded to Jenna Ostenson, Reece Lowe, Hannah Baschnagel and Sadie Tesch.

VBS for the Backyard went really well. 38 kids involved (13+) families. Josie Main ran this ministry. DOG Night has been put on hold for the remainder of 2020 due to the pandemic. Instead a new online Disciples of God Christian education ministry will be launched in September. We will be sending out another round of postcards to children and youth, to let them know we miss them. Confirmation ministry – Pastor Deb is working on an online Confirmation ministry. Parking Lot Worship is going well. It will continue August 16th through October 25th.

The Outreach Committee will be working on creating a float for the Custer County Fair parade. For God’s Work, Our Hands Outreach, the committee will be delivering donuts to local businesses and essential workers as a thank you for their help through the pandemic.

Pastoral care acts have included prayer through various mediums, phone calls, a few home visits and office visits and two baptisms. Baptisms: July 6, 2020 – Oakley Jackson Luesink and Arete Lee Gellings
Pastor Deb was able to attend the Hermosa School Ground Breaking Ceremony on June 30 and offer a prayer/ blessing at the end. Vicar Justin Trent (Fairburn Methodist Church) and Pastor Deb will be leading worship at the Custer County Fairgrounds on Sunday, August 9.

Broadcasting Equipment/Sound System Project- We have received some financial donations for this project. There will be a special meeting following worship on August 16th to discuss the Project and vote. The meeting will also be streamed on Zoom, but those on Zoom cannot, by South Dakota law, have a vote. They have to be in-person to vote.

Opening church building to small groups-Approximately 10 or less people at a time. Physically distancing in fellowship hall. Masks required. Groups need to schedule with Josie in the church office. Temperatures will also be taken. If it is a group of youth, an adult must be in the building.



Pastor Deb Grismer 605-890-0871

Josie Main-
Administrative Assistant 605-255-4662 osl@mt-rushmore.net
Mon-Thurs 10:00am-3:00pm

Bill Dennert- President 605-209-8750
Rodney Clark- V President 605-441-6790
Adare Diers- Secretary 605-255-4321
Mike Baschnagel-Treasurer 605-858-3402

Carmen Lakner 605-381-3515
Jason Virtue 605-673-5928
Darwin Schroeder 605-745-5514
Chelle Schefcik-Alternate 605-787-8896

OSL’s Mission: “We invite, encourage, educate and empower all people to follow God and serve others.”

WELCA's August Gatherings via Zoom

August 13 at 9:30 am

Gathering Magazine Bible Study

Just Love: From Tree to We

Monthly meeting to follow Bible Study

August 27 at 9:30 am

"I Am She" Bible Study

Boldness in Teaching

Contact Josie, Administrative Assistant, if you need a Gather magazine or the I Am She study

**OSL WOMEN OF
THE ELCA
ALL ARE WELCOME!**

Zoom info:

Meeting ID: 518-251-3825

Password: OSLHermosa

OUR PURPOSE STATEMENT

"As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world."

CONGREGATIONAL
MEETING

There will be a special congregational meeting following the parking lot service on August 16th.

Agenda item:

Broadcasting System/Sound System Project

Following business portion, Pastor Deb and Church Council members will be available to answer other church related questions

The meeting and Q&A that will follow will be available through Zoom, but those participating through Zoom will not be able to vote as it's not legal in our state.

Zoom info:

Meeting ID: 518-251-3825

Password: OSLHermosa

Are you searching for a family of faith to call your own?

Are you curious about Our Savior's Lutheran congregation and its mission and would like to learn more?

Are you interested in becoming a member of OSL?

If you answered "yes" to any of these questions, please contact Pastor Deb and schedule a time for her to come visit with you. (605-890-0781)

We will be welcoming new members on Sunday, September 20 during worship.

Welcome
New Members



DOG Night, as we know it, is changing to keep our children and adults safe.

COMING NEW THIS FALL...

Disciples of God Online Christian Education Ministry

All are welcome! Beginning in September

More information coming soon.

If you have any questions or ideas, please call Pastor Deb at 605-890-0781 or Josie Main at 605-255-4662.



*We are back at it!
The same but different.*

OSL Community High School Youth Group
Sunday nights from 7:00 - 8:30 pm
Our Savior's Lutheran Church
Beginning August 16

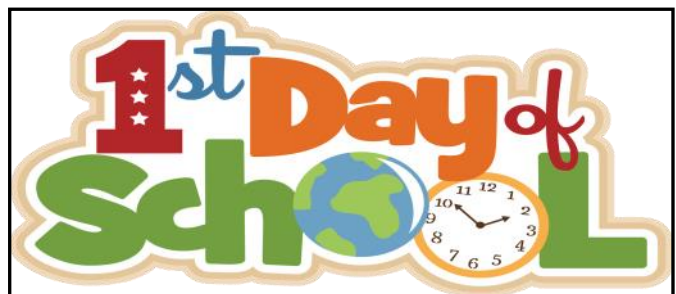
We are a safe group for any 9th - 12th grade students who are interested in learning about God and deepening our faith to become better adults while having fun.

Weekly gatherings will rotate to include Bible study, Service and Fun activities. Fundraising activities will also be scheduled. This group is youth driven with Pastor Deb Grismer guiding us along. We expect all members to be respectful, have a good attitude, be willing to actively participate in all types of activities and want to grow in faith. We realize not everyone is able to be with us every week. We hope you will come when you are able. Contact Pastor Deb for more information.

**Blessing of the Backpacks,
Bikes and School Staff**

Sunday August 23rd

During Parking Lot Worship
Bring your bag or your bike
for a **special blessing!**



August 19th- Hill City Schools
August 24th- Custer School District
August 31st- Douglas School District
September 8th- Rapid City Public
Schools

COVID 19 Stages of Grief

By Leaha Hammer and Rev. Scott Alan Johnson

In 1969, *On Death and Dying* by Dr. Elizabeth Kübler-Ross put forward a way of thinking about grief that has become known as the 5 Stages of Grief.

Denial – Anger – Bargaining – Depression – Acceptance

Understanding grief and how it manifests in our bodies, souls, and minds can help us navigate this time of unprecedented upheaval, to say nothing of how we can help the people around us navigate it as well, particularly children and those who may not have the emotional capacity to recognize the side effects of the trauma almost all of us are experiencing on a very regular basis.

In that vein, here are some things you should know about grief and grieving to help you understand how you feel, how those around you may feel, and how you can move through this time with as much health as possible.

1. “Stages” is a bit of a misnomer.

The phrase “stages of grief” implies that grieving is an orderly process in which each step is completed before moving to the next. While the general direction of healthy grief is a movement toward acceptance, it is not uncommon for one who is grieving to move from stage to stage, in and out of order, particularly as the level of trauma increases or as events occur which bring that trauma to our attention.

Our current circumstances will be particularly difficult to navigate because many of us are experiencing trauma piling on trauma. Periods of acceptance may be followed by periods of anger or denial with what appears to be no rhyme or reason to it. This is a normal part of grief. Have faith that over time these wild gyrations will diminish, and that in the end many of us will be able to find the emotional stability that marks the majority of our lives.

2. Every loss must be grieved.

Grief comes with far more than death. Loss causes grief. Disappointment causes grief. Even a change of circumstances which would be described as better overall can cause grief because of what must be left behind. Grief is not something we can escape; it is an essential part of human existence.

In a [parenting newsletter](#), Katie McLaughlin writes, “Difficult feelings are tunnels, and we are the trains traveling through them.” The only way out of the grief process is through it. Try and escape too quickly and things get worse in a hurry. We are experiencing a period of intense, simultaneous trauma on several fronts: medical, academic, economic, religious, and social crises are all part of our shared reality. All losses that come with these traumas will require grief. Be kind with yourself and with others who are grieving.

3. Everyone processes grief on their own schedule.

This can be particularly disorienting for groups of people experiencing a shared loss, as many of us are experiencing at present. Grief lasts as long as it lasts.

You may find yourself in a position where your emotional state does not match that of the people around you. You may feel acceptance while others are obviously angry or hurt, or vice versa. This doesn’t mean either one of you is “wrong”—no two people process grief at the same pace. Be at peace with your own emotions and with the emotions of others as much as you can.

4. Unprocessed grief can lead to further trauma down the road.

Emotional trauma is an injury like any other injury—it requires time and treatment to heal properly. Shooting an injured athlete full of painkillers and sending them back onto the field is a recipe for disaster; the same is true for us when we are injured emotionally.

As we move through this period of trauma caused by losses related to COVID-19, it is imperative that we regularly take time to examine our emotional status and to process what is happening. Athletes build strength by taxing muscles and allowing time for recovery. We build emotional strength in the same way, by experiencing our emotions and giving ourselves time to process what we’re feeling.

Resources

The following resources can offer more help with grief in these remarkable times.

[COVID-19 and the Grief Process](#) This article explores the five stages of grief and how it applies to COVID-19. [That Discomfort You’re Feeling Is Grief](#) This HBR article explores complicated grief and the “open-endedness” of it all.

[Mourning Hope](#) Mourning Hope is an organization out of Lincoln, NE that focuses on grief. Great resource for any student, alumni or individual struggling with any type of grief.

**Article reprinted from [the faith+leader](http://www.faithlead.luthersem.edu) (www.faithlead.luthersem.edu)



ARKING LOT WORSHIP

Sundays- starting August 16th 9:30am

*Our Savior's Lutheran

*605-255-4662



Everyone is welcome to join us for parking lot worship, every Sunday, beginning August 16th. You can sit in your car and hear the service through the FM radio, or we do have spaces for your lawn chairs socially distanced out. Our services are also live streamed on our Facebook page every Sunday morning at 9:30 am (<https://www.facebook.com/OSLHermosa>)



Our Savior's Lutheran Church
P.O. Box 136
Hermosa, SD 57744

Let your
Faith
be bigger than your
Fear